



the
Bristol
Ballet

Welcome to the 2023-2024 season!

Class Level: _____

Days and Times: _____

Monthly Installment: _____

Dancewear

www.discountdance.com

Teacher Program # TP46566

Leotard Size: _____

Tights Size: _____

Shoe Size: _____

NOTE: Tights should be whatever is closest to student's skin color. For shoes, you can purchase pink if the skin tone available doesn't match the tights. Then go to The Pointe People (www.thepointepeople.com) and purchase shoe dye that closely (matches the tights you selected. I know it's a bit more work for you, but it will be a beautiful result.

2023-2024 Bristol Ballet Company

Parent/Student Agreement

These guidelines are designed to promote an understanding of the expectations between you and the Bristol Ballet. This understanding will support the necessary appropriate atmosphere and learning environment for the success of the dancers.

Tuition

Tuition is an annual fee; however, it is divided into (10) ten monthly installments. Therefore, each monthly installment is the same amount every month regardless of the number of classes occurring in that month. Annual or semi-annual payments are also available.

Tuition is due on the 1st of every month, August through May (a total of (10) ten months). Tuition is considered late if not received by the 10th of the month. A \$10.00 late fee will be charged on the 11th of the month if tuition is not paid by the 10th. We realize sometimes tuition payments can fall through the cracks, and on occasion we have forgiven late fees. The Board of Directors allows us to forgive no more than one (1) late fee per dancer per season.

Checks should be made payable to Bristol Ballet and may be placed in the tuition payment box located by the front door of the studios. Checks may also be mailed to the studio at 330 Buford Street, Bristol, VA 24201. Cash payments should only be hand delivered to the School of Ballet Director so that a receipt may be issued at time of payment. Credit or debit card payments are available for an extra fee (\$5 per transaction over \$50, and \$3 per transaction under \$50). Venmo may be used for a \$1 fee. We also offer an auto-draft option where we keep your card information on file and run the tuition payment automatically on the first of each month. Let us know if you would like to be added to the auto-draft list.

If a dancer's account becomes (30) thirty days past due, that account will be brought before the Board of Directors for action, which could lead to the dancer being suspended from class, or legal action.

More than (2) two returned checks during the season will result in the account being placed on a cash only status.

Tuition Assistance

Tuition assistance may be available for those who need it. There are options for receiving tuition assistance from the Jerry Goodpasture Tuition Assistance Fund (for as long as funds are available) or doing a work study. If you feel this is necessary for your family, please speak with Moira Frazier Ostrander. We do require that those receiving tuition assistance participate in a small work study program. Parents, dancers who are old enough, or both will be asked to complete tasks throughout the year to help. Those on work study only will be expected to provide more significant volunteer assistance. These options are to be worked out between the family and the School of Ballet Director, and must benefit both parties satisfactorily.

Registration Fee

There is a non-refundable \$30 registration fee per student, payable at the time of registration. This fee is incurred once each season (the season runs August through May).

Withdrawal from Class

You must notify the School of Ballet Director in writing if your dancer will be withdrawing from class. Verbal notification is not valid notice of withdrawal. Until written notice is received, tuition will continue to be charged to your account.

Class Attendance

Class attendance is very crucial to your dancer's growth and performance. We understand conflicts arise that sometimes cannot be avoided, but please make every effort to get your dancer to every class on time. Tardiness and absence impair your dancer as well as disrupt the class. A text, phone call or email to the studio when your child cannot attend is helpful, to inform the instructor not to wait for your child before beginning class or to let her know why the dancer did not attend. Please note that once we go into the studio for classes, we cannot answer phone calls or emails, but we will be happy to have received a notice.

Dancers should be dressed and ready to enter the studio at their scheduled class times. Ballet classes follow a specific order of activity which allows the muscles to be warmed up before more strenuous activity. In order to reduce the chance of injury, dancers in levels Ballet Two or higher will be asked to observe any class for which they are more than (10) ten minutes late. As a matter of respect, any dancer who arrives after class begins should apologize for being late and ask permission to enter the class.

Dress Code

Bristol Ballet has a dress code that encourages a sense of belonging and a mindset that helps with learning, as well as enabling the instructors to see that the proper movement and use of muscles is being executed. Putting on that dancewear signals (albeit subconsciously) that it's time to listen, stand with proper posture, and work to learn the technique well, and feel like a dancer. Wearing the proper dance attire is important to a young dancer's development. It promotes discipline and pride in belonging to the Bristol Ballet dance family. Proper attire allows the student to move freely in class and allows the instructor to view the student's technique.

Our dress code can be found on the Discount Dance website. The easiest way to find it is to click on the link from our website: bristolballet.org, Under the Classes Tab, "Discount Dance Supply." (NOTE: This option will not work from a mobile phone. You'll need to go to discountdance.com and click on Students, then on Find my dress code, then type in our zip code in the requested field: 24201. From there you can click on your dancer's class level from the drop down box, and see exactly what needs to be ordered. Please read the notes as they will give you information you might need about sizing or colors.

Your dancer should only wear what is listed on that page in the classroom. No other articles of clothing may be worn. Ballet Four/Five and Company may wear skirts for Pointe or Pre-Pointe Class and

approved warm ups for the first two exercises of class and some rehearsals. Younger dancers may wear skirts, leg warmers, and wrap sweaters to and from class. Warm ups must be dance specific (no tee shirts, gym shorts, sweat pants, etc.) Girls are required to wear their hair in a bun for ballet classes and in a pony tail for contemporary classes, unless their hair is too short to easily get into a bun or pony tail. Ballet buns are mandatory for Ballet Two and higher. Hair accessories are not required but highly encouraged, especially if they match or compliment the color of the leotard. (Bows, flowers, etc.) If you choose to purchase any warm ups for your dancer to wear to class, you can find a huge selection at Discount Dance by typing in "warm ups" in the search field. It's ok to wear anything on that list with the exception of the Augusta or B-You brands, as these clothes are too bulky for ballet class.

Please do purchase your dancewear through Discount Dance with our Teacher Number 46566. We will get credit for all sales with this teacher number, which will give us the opportunity either receive a bonus or to purchase dancewear supplies for costumes and other events at a discount.

When arriving or leaving the studio dancers must wear street clothes over their dancewear. Ballet shoes should only be worn in the studio to ensure longer wear, protection of the feet, and to help keep the studio floors clean.

Studio and Lobby Etiquette

Please note that our lobby area may not be complete in the new space at 330 Buford Street at the beginning of the season. Our apologies for this; we hope you'll understand and work with us as we continue to work on renovations throughout the season.

All dancers, parents, and siblings are expected to display proper behavior in the studio and in the waiting areas of the studio. Respect for the instructor, good listening skills, and a positive attitude are to be exercised at all times. Any dancer participating in a performance is expected to display the same good behavior and represent Bristol Ballet in a positive manner at all times, regardless of location. Any persistent problem behavior will be addressed between the Artistic and School of Ballet Director and the parents concerned and could ultimately result in dismissal of the dancer from the school.

Should you have any concerns about your dancer's progression or anything else, please speak privately to the Artistic and School of Ballet Director or your dancer's instructor. Moira Frazier Ostrander, Amanda Hairston, and their staff are always willing to address these issues in a private and professional manner.

Performances

All Bristol Ballet dancers, with exception of the Creative Movement class and Mommy and Me classes, will participate in a student concert each May. Participation in this performance is expected. The date for the student concert is set far enough in advance for families to schedule vacations and other events around it. Performance in the student concert entails the following:

- Purchase of a costume (detailed below)
- Technical rehearsal on the Saturday the week before the concert, in the studio.
- Technical and Dress Rehearsal on the preceding Friday at the Paramount Center for the Arts.

- Student Concert on Saturday at the Paramount Center for the Arts.
- Some dancers will be invited to participate in other performances throughout the year. Should your dancer be invited to another performance, the same guidelines will apply. Ballet 3 and up is expected to participate in the Nutcracker.

Not all dancers are eligible to dance in all Bristol Ballet productions. Young children with little or no dance training are usually not quite ready to appear in the major productions. Our goal is first to train and educate young dancers so that their experiences in the major productions will be more enjoyable and present them in the best possible manner. The Artistic and School of Ballet Director and the Artistic and Development Director will determine which dancers are eligible for participation in performances in addition to the Spring Student Concert.

Production Fees

We are so lucky to be considered a home performing company of the beautiful Paramount Center for the Arts. However, there are significant costs that go along with this privilege. Dancers who participate in Bristol Ballet productions will be asked to pay the following production fees:

Nutcracker - \$75

Spring Concert for Company Members - \$50

Student Concert for students - \$50

Costumes

All dancers performing in the Student Concert in May (with exception of Company dancers) will need to purchase a costume. A \$50.00 deposit for the costume will be due on October 1st. Costumes will be ordered in mid-January and if you have not made the \$50.00 deposit by then, a costume will not be ordered for your dancer. Because the costumes we order are not returnable, we are not able to cancel your order once we submit it to the costume company. We cannot make exceptions to this policy. Once your dancer's costume is ordered, you are responsible for payment even if they don't finish the season and participate in the performance. You will be billed for the balance due in March. If your dancer is participating in Contemporary classes in addition to ballet classes, there will be two costumes purchased (one for ballet and one for Contemporary). If your dancer's costume cost is less than the \$50.00 deposit, a credit will be made to your account for the difference. Costumes will not be issued to any student who has a past due balance of any kind on his or her account.

Supervision

We are not staffed to provide supervision of children outside of class time. Therefore we cannot be responsible for children in our building who are not in class. This applies to dancers and siblings of dancers. Please be mindful of this, particularly if you have a dancer that you drop off and do not physically walk into the studio yourself. Entry and exit at ballet studio must be through the front door only.

Also, please be aware of beginning and ending times for your dancer's class and make every effort to be on time for arrival and departure. Again, we cannot guarantee adult supervision for children whose classes have not yet begun, or have already been dismissed.

Inclusion Statement

Bristol Ballet welcomes dancers of all races, ethnicities, religions, genders, orientations, and other protected classes. Title VI states that: No person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance. As a federally funded organization, Bristol Ballet does not discriminate on the basis of any identity. Bristol Ballet recognizes that diversity strengthens us all when we are all welcomed, embraced, and treated with acceptance, equity, and inclusion.

Support

As a non-profit organization with a small staff, Bristol Ballet relies heavily on donations and volunteer work to achieve its goals and to keep tuition rates reasonable. We always need help with costumes, moving sets, back stage work, and fundraising. Please consider volunteering or assisting in whatever way you can.

In addition, we encourage you to support the arts by joining Tennesseans for the Arts, or Virginians for the Arts, by purchasing any of the specialty license plates in Tennessee, talking to your local representatives about how important the arts are to our community, writing letters of support to us for use in grant applications, and making direct donations to Bristol Ballet. Bristol Ballet is a 501(c)3 non-profit organization, for which donations can be tax deductible. Please consider making a donation to our Capital Campaign for money to renovate our new building and permanent home.

Miscellaneous Information

Like, follow, or join us on Facebook, Twitter, Instagram, and LinkedIn.

Weather related changes will be announced on all social media sites and via the ballet's greeting on voicemail.

Communication

The majority of our communication with parents is through email. Please add Moira Frazier Ostrander and Amanda Hairston to your email contacts so you will not miss important information. Our addresses are ahairston@bristolballet.org and mfrazier@bristolballet.org. Of course you may call the studio anytime at 276-669-6051.

Both Moira and Amanda are available to answer any questions you may have or address any concerns.

Bristol Ballet –Funding the Fun!

Did you know Bristol Ballet is a 501(c)(3) nonprofit organization?

How you can help....

Discount Dance Supply

Every purchase you make at Discount Dance Supply helps us earn incentive rewards. It's easy! Just make sure you order required dancewear, and fun accessories and gifts, from Discount Dance Supply using Bristol Ballet's Teacher Program number: **TP46566**. Discount Dance Supply may be accessed through our website, www.bristolballet.org, under the class information tag. Please remember, we do have a dress code for each class.

Connect Your Kroger Card

Did you know you can support Bristol Ballet just by shopping at Kroger? It's easy when you enroll in Kroger Community Rewards®! To get started, sign up with your Plus Card, and select Bristol Ballet. Once you're enrolled, you'll earn rewards for Bristol Ballet every time you shop and use your Plus Card!

To enroll visit www.kroger.com/communityrewards

Tax Deductible Donations

Monetary and in-kind donations to the Bristol Ballet may be tax deductible. Please see Amanda Hairston if you have questions regarding donations to the Bristol Ballet. All donations will receive thank you/tax letters.

This gives you a few easy ways to help financially support our programs, performances, scholarship funds, and mostly importantly, our dancers at no extra cost to you!

**Studio/Class Schedule
2023-2024**

STUDIO 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-5:00 Company PBT BB	4:00-5:00 Ballet Four MFO	4-4:45 Ballet Four and Five PBT MP	4:00-5:00 Ballet One AH	4:00-5:30 Company Contemporary OR	10:00-11:30 Company Ballet Fall: AH Spring: MFO
5:00-6:30 Senior Company Pointe MP	5-6:30 Company Ballet WB	4:45-6 Ballet Four and Five Ballet MP	5:00-6:30 Company Ballet Fall: MFO Spring: AH	5:30-6:30 Beginning Contemporary (Ballet Three, Four, and Five) OR	12:00-4:30 Production rehearsals
6:30-8:30 Company Rehearsals MP	6:30-8:30 Company Rehearsals MFO/AH	6-6:30 Ballet Five Pointe MP	6:30-8:30 Company Rehearsals Fall: AH Spring: MFO		

STUDIO 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-5:00 Ballet Two Ballet MP	4:00-4:30 Creative Movement BB	4:00-4:45 Primary MFO	4:00-5:00 Ballet Two MFO	Ballet Three Ballet 4:00-5:00 AH	
5:00-6:30 Apprentice and Junior Company Pointe BB	4:45-5:30 Pre-Ballet BB	4:45-6:30 Ballet Three PBT and Ballet MFO	5:00-6:30 Ballet Four Ballet Fall: AH Spring: MFO	Open for Private classes	9-9:30 Mommy and Me (12-24mo)
6:30-8 Ballet Five Ballet BB	5:45-6:30 Pre-Primary BB		6:30-8:00 Ballet Five Ballet Fall: MFO Spring: AH		9:30-10 Mommy and Me (2 year olds)
	6:30-7:30 Adult Ballet MFO				

Bristol Ballet
2022-2023 Class Schedule

Mommy and Me (2 year olds)	One class weekly	Saturday 9:30-10
Mommy and Me (12-24 months)	One class weekly	Saturday 9-9:30
Creative Movement	One class weekly	Tuesday 4:00-4:30
Pre-Ballet	One class weekly	Tuesday 4:45-5:30
Pre-Primary	One class weekly	Tuesday 5:45-6:30
Primary	One class weekly	Wednesday 4:00-4:45
Ballet One	One class weekly	Thursday 4:00-5:00
Ballet Two	Two classes weekly	Mon. 4-5, Thursday 4-5
Ballet Three	Four classes weekly	Ballet: Wed. 5:15-6:00, Fri. 4-5 PBT: Wed. 4:45-5:15 Contemporary: Fri. 5:30-6:30
Ballet Four	Five classes weekly	Ballet: Tue. 4-5, Wed. 4:45-6, Thur. 5:00-6:30 PBT: Wednesday 4:00-4:45 Contemporary: Friday 5:30-6:30
Ballet Five	Five classes weekly	Ballet: Mon. 6:30-8, Wed. 4:45-6:00, Thur. 6:30-8 Pre-Pointe: Wednesday 6:00-6:30 PBT: Wednesday 4-4:45 Contemporary: Friday 5:30-6:30

Company Six classes weekly

Ballet: Tues. 5-6:30, Thur. 5-6:30 (for Apprentice and Junior Company), Sat. 10-11:30

Pointe: Mon. 5-6:30, Thur. 5:00-6:30 (for Senior Company)

PBT: Monday 4:00-5:00

Contemporary: Friday 4:00-5:30

Rehearsals: Weeknights after class until 8:30, and Saturdays 11:30 to 4:30, according to weekly schedules.

Tech week schedules will vary according to need and may finish later or start earlier.

Adult Ballet One class weekly Tuesday 6:30-7:30

Private classes As can be arranged according to studio and instructor availability. All details and scheduling to be done through Moira Frazier Ostrander at mfrazier@bristolballet.org

Creative Movement/Mommy and Me 8-week session dates:

First Session	August 29-October 17
Second Session	October 24-December 12
Third Session	January 9-February 27
Fourth Session	March 5-April 23

Tuition Schedule:

Ballet & Contemporary Hours/week	Annual Tuition	Monthly Installment
45 minutes	\$610	\$61
1 hour	\$660	\$66
2 hours	\$1070	\$107
2.25-3 hours	\$1170	\$117
3-6 hours	\$1330	\$133
Over 6 hours	\$1430	\$143
8 week sessions: ½ hour (Creative Movement and Mommy and Me)	\$80 for each 8 week session	N/A
Single Classes	Drop in	\$15/class
Adult Ballet	\$50	\$50 per month or \$15 per class

There is a \$30 registration fee per ballet or contemporary student annually.

Sibling discount: \$5/month for the sibling.

Tuition assistance, work studies, and scholarships are available to qualifying students. Please inquire about availability.

Season Calendar:

June 28	Company auditions
June 30	Parent meeting for Company, 12-12:30pm
July 1	Online registration opens: www.bristolballet.org
July 24, 25, 27, 29	In-person registrations, dancewear fittings, open house July 24, 25, 27: 5-8pm July 29: 10am-2pm
August 14	Classes begin
August 19	Nutcracker auditions, 10:30-12 Full run through of the 75 th Anniversary Show
August 26	75 th Anniversary Show and Fundraiser at the Paramount
August 30	Parent meeting for Ballet 3-5: 6:30-7pm Parent meeting for Ballet 1 and 2: 7-7:30pm
September 2	Nutcracker rehearsals begin for company members
September 4	No classes – Labor Day
September 9 (tentative)	Party Scene and Children’s roles rehearsals begin
October 1	\$50 deposit for spring production costumes due
November 22, 23, 24	No classes – Thanksgiving Holiday
December 2	The Nutcracker at Southwest Virginia Community College
December 4-8	Tech rehearsals at the Paramount for The Nutcracker
December 8-9	Bristol Ballet’s performances of The Nutcracker
December 14 (Thursday)	Last day of classes for first semester
January 8	Classes begin for second semester Parent meeting for Company: 6:30pm
January 9	Parent meeting for Pre-Ballet, Pre-Primary, Primary: 3:30-4pm
January 10	Parent meeting for Ballet 3-5: 6:30-7pm Parent meeting for Ballet 1 and 2: 7-7:30pm
March 1	Balance due on spring concert costumes
Mid-March to early April (dates TBD)	Spring school show tour for company members
March 29	No classes – Good Friday
May 4	Full studio rehearsal for all students for the spring production
May 10	Tech and dress rehearsal for spring production
May 11	Bristol Ballet Spring Student Concert at the Paramount
TBD (usually the week after student concert)	Studio dance photos by Richard Mink
June 10-14	Children’s summer camps (ages 3-12)
June 24-28	Intermediate/Advanced Summer Intensive with special guest teachers

Bristol Ballet does not close for spring break since we serve students from several different school systems, which rarely have their spring breaks at the same time.

I have received a copy of this Parent/Student Agreement. I understand that my student will not be permitted to begin class until this agreement is signed and returned.

Parent/Guardian Signature:

Student Name:

Date :

Waiver:

I am aware that ballet dancing and the gymnastic exercises associated with it place unusual stress on the body and carry with them the risk of physical injury. On behalf of myself (or my child/ward if they are under the age of 18), I assume the risk and agree that Bristol Ballet shall not be liable in any way for injuries sustained during attendance at the school of Bristol Ballet during the 2023-2024 season, its successors and its assignees for all personal injuries caused by, or arising from, the above described activities or any activities related thereto. Further, I grant Bristol Ballet, its agents and employees, permission to authorize any emergency medical treatment that may be required for myself (or my child/ward if they are under the age of 18) during the participating session.

Name of Student:

I, the undersigned, have read this release/authorization and understand all of its terms. I execute it voluntarily and with knowledge of its significance. I have executed this release/authorization on the day and year stated below.

Signature (or of parent/guardian if student is under 18 years of age):

Date: _____

COVID-19 Assumption of Risk and Release of Liability

Coronavirus (COVID-19) has been declared a worldwide pandemic by the World Health Organization. In response, Bristol Ballet has established health and safety policies and protocols to try to minimize the spread of COVID-19 at the Bristol Ballet building. Bristol Ballet has also established screening procedures for employees and students, which must be followed each time an individual enters the Bristol Ballet building. Bristol Ballet is committed to providing a safe and healthy environment for its employees, students, and other guests. As a result, Bristol Ballet has implemented the foregoing policies and procedures, which are subject to change based on government guidance.

Although preventive measures are in place and will be adhered to, given the novel nature of COVID-19 and the rapid pace at which it spreads, Bristol Ballet cannot guarantee that you, your child (the "Student"), or your family members will not be exposed to or become infected with COVID-19. By accessing the Bristol Ballet building and attending any Bristol Ballet programs or classes (collectively, the "Program"), you may be putting yourself, your child, and others at increased risk for contracting coronavirus. By signing below, you understand, acknowledge, and agree to the following:

- You assume the risk that you, your child, or your family members may be exposed to or become infected with coronavirus and that such exposure and/or infection may result in death; personal injury; illness, causing mild symptoms such as, fever or body aches, or more severe complications, such as pneumonia or organ failure; or permanent disability; and
- You understand that the risk of exposure to or infection with coronavirus may result from the acts, omissions, or negligence of Bristol Ballet, or others, including but not limited to, the faculty, staff, guests of Bristol Ballet, and Program participants and their families; and
- You voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to yourself, your child, or your family members (including, but not limited to, personal injury, disability or death), or any illness, damage, loss, claim, liability or expense (including medical bills, attorneys' fees and court costs), of any kind, that you, your child, or your family members may experience or incur in connection with your child's access to the Bristol Ballet building or his/her participation in the Program provided by Bristol Ballet (collectively, "Claims"); and
- Student and his/her assignees, heirs, parents, guardians, and legal representatives hereby release, covenant not to sue, discharge and hold harmless Bristol Concert Ballet Company (AKA

Bristol Ballet), and its officers, directors, employees, faculty, staff, students, agents, representatives, affiliates, successors, and assigns (collectively “Releasees”) of and from all Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or related to the Student’s or the Student’s family members’ or guardians’ access to the Bristol Ballet building or participation in the Program provided by Bristol Ballet, whether arising out of the negligent acts or omissions of any Releasee or otherwise, and whether any coronavirus infection or exposure occurs before, during or after access to the Bristol Ballet building or participation in the Program provided by Bristol Ballet; and

- You understand that by signing this release, you are voluntarily waiving any and all Claims, known and unknown, including those Claims that may be unknown to you, or which you do not suspect to exist at this time.
- If any provision of this release is held to be unenforceable by a court of competent jurisdiction, then (a) this release shall be deemed to be amended to the extent necessary to render the otherwise unenforceable provision, and the rest of the release, valid and enforceable, or, alternatively (b) the invalidity or unenforceability of any provision of this release shall not affect the validity or enforceability of the remaining provisions, which shall be enforced as if the offending provision had not been included in this release. Releasees are third-party beneficiaries to this release and shall have the right to enforce it to the full extent permitted by law.
- YOU ACKNOWLEDGE THAT YOU HAVE READ AND FULLY UNDERSTAND ALL OF THE TERMS OF THIS RELEASE, HAVE BEEN GIVEN THE OPPORTUNITY TO REVIEW ITS TERMS WITH YOUR LEGAL COUNSEL, AND YOU ARE VOLUNTARILY GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE RELEASEES FOR CLAIMS, WHETHER KNOWN OR UNKNOWN, ARISING OUT OF YOUR OR YOUR CHILD’S ACCESS TO THE BRISTOL BALLET BUILDING OR PARTICIPATION IN THE PROGRAM PROVIDED BY BRISTOL BALLET.

Parent/Legal Guardian Signature: _____ Date: _____

Printed Name: _____

Student name: _____